

# Hope Kids' Newsletter

May 2019

## Summer Already?

It's hard to believe that it's almost summer. Soon school will be wrapping up and along with it, our Sunday School program.

This has been a transition time for us as we no longer have a staff member dedicated to our education programs. The Children's Ministry committee will be meeting over the summer to develop a strong Sunday School program for this fall.

I want to thank all of the wonderful volunteers we've had this year teaching our kids. They've done an amazing job in making sure that each week the kids are having fun and learning. [MaryEllen Gumbert](#), [Ember Davis](#), [Pat Lundquist](#), [Kristi Bryant](#), [Maureen Zolen](#), [Linda Deegen](#), [Traci](#) and [Jason Chatten](#), and [Arlene Thietje](#) have all given their time and talents and they are very much appreciated!!!

If you are interested in providing input for our programming or being a teacher or helper, please let me know.

Lori Laster, Children's Ministry Elder  
[childrenministry@hopepresbyterianchurch.org](mailto:childrenministry@hopepresbyterianchurch.org)

## Teacher Appreciation May 19!

May 19 is the last day of Sunday School and Teacher Appreciation Day.

We will be recognizing all of Hope's teachers and helpers that day. If you see a teacher, please tell them "Thanks for all your hard work!"

Join us during fellowship for Sundae Sunday. Make your own ice cream sundae.

Then to celebrate the last day of Sunday School we invite everyone to our game time. Kids, youth, and adults are all welcome to join us for some exciting games as we celebrate the end of the school year. Make sure to join us for this great event!



### Important Dates

5/19 – Children's Worship

5/19-Teacher Appreciation and Last Day of Sunday School

6/19 – Children's Worship

**7/14-7/18-Vacation Bible School!**

## Daily Morning Prayer

Dear God,

As I rise this morning, I thank You for a restful night and the gift of a new day. Guide me as I walk through this day. I am grateful for all the blessings in my life. As I start my day, I trust You to guide me in everything I do.

Amen.

## Vacation Bible School

This year, our VBS theme is ROAR! Life is Wild; God is Good.

Join us July 14-18 from 6 pm – 8 pm as we learn how God helps us through this wild life.

We are also having morning VBS July 15-18 for kids with special needs.

**Registration is now open!**

Go to [hopepresbyterianchurch.org/kids-ministry/](http://hopepresbyterianchurch.org/kids-ministry/) and fill out the registration form.

## Daily Meditation, Prayer and Reflection

Many of us look forward to summer. Even though us parents may still be working, the rush of getting the whole household ready for a day of school and work relaxes. There's no more rushing around finding missing homework, packing lunches, or finding out last minute that a poster board is needed for a project due tomorrow. We can take more time to focus on the fun of sports, barbeques, and maybe even a family vacation.

There are a lot of studies that show taking time daily to reflect, meditate, or pray can help increase focus, reduce stress, and improve sleep for adults. While there is not as much research for children, creating healthy habits when you're young can set you up to have healthy habits as an adult.

Deuteronomy 6:6-7 tell us to keep God's word in our heart and to impress it upon our children. Establishing a daily prayer time with your children allows us parents to follow God's commandments while helping to develop our children's faith.

So, try to set aside some daily time for prayer and reflection over the summer. Maybe it will help everyone focus and make those school mornings go smoothly next fall!

